



Exalting Christ in the Psalms

Magnify the Lord: All the Time in Every
Circumstance

Psalm 34:1-24

The Form of A Thanksgiving Psalm

- **Call to Praise/Thanksgiving**
- **Recounting God's Actions**
- **Reasons for Gratitude**
- **Concluding Affirmation**

Content of Thanksgiving Psalms

- **For God's Character-** Sustainer, provider, redeemer, sovereign over events.
- **For What He has Done-** Usually moving from creation to redemption
- **Focus on His Salvation-** For ultimate salvation- that we are His and He is ours.
- **His presence-** His steadfast love and His presence among His people.
- **His name might be glorified-** That he alone is to be worship

1 Of David, when he changed his behavior before Abimelech, so that he drove him out, and he went away.

I will bless the Lord at all times; his praise shall continually be in my mouth. 2 My soul makes its boast in the Lord; let the humble hear and be glad. 3 Oh, magnify the Lord with me, and let us exalt his name together!

4 I sought the Lord, and he answered me and delivered me from all my fears. 5 Those who look to him are radiant, and their faces shall never be ashamed. 6 This poor man cried, and the Lord heard him and saved him out of all his troubles. 7 The angel of the Lord encamps around those who fear him, and delivers them.

8 Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him! 9 Oh, fear the Lord, you his saints, for those who fear him have no lack! 10 The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

11 Come, O children, listen to me; I will teach you the fear of the Lord. 12 What man is there who desires life and loves many days, that he may see good? 13 Keep your tongue from evil and your lips from speaking deceit. 14 Turn away from evil and do good; seek peace and pursue it.

15 The eyes of the Lord are toward the righteous and his ears toward their cry. 16 The face of the Lord is against those who do evil, to cut off the memory of them from the earth. 17 When the righteous cry for help, the Lord hears and delivers them out of all their troubles. 18 The Lord is near to the brokenhearted and saves the crushed in spirit.

19 Many are the afflictions of the righteous, but the Lord delivers him out of them all. 20 He keeps all his bones; not one of them is broken. 21 Affliction will slay the wicked, and those who hate the righteous will be condemned. 22 The Lord redeems the life of his servants; none of those who take refuge in him will be condemned. -Psalm 34:1-22

FYI:

MARK HATES BOILED EGGS

Psalm 34

The main idea: Magnify the Lord at all times in all circumstances for He is good.

- **vss: 1-3:** Call to Praise/Thanksgiving: Magnify the Lord- at all times in all circumstances
- **vss 4-10:** Recounting God's Actions: He alone satisfies and saves.
- **vss 11-18:** Reasons for Gratitude: The Lord is near
- **vss 19-22:** Concluding Affirmation: Assurance of Ultimate Salvation

Call to Praise/Thanksgiving:

I will bless the Lord at all times; his praise shall continually be in my mouth. 2 My soul makes its boast in the Lord; let the humble hear and be glad. 3 Oh, magnify the Lord with me, and let us exalt his name together!

- Psalm 34:1-3

Am I going to make this trial about me or about him?

Worship: Reminds US Who God Is

Worship redirects our self-pity and turns it into thanksgiving and praise.

Recounting God's Actions:

4 I sought the Lord, and he answered me and delivered me from all my fears. 5 Those who look to him are radiant, and their faces shall never be ashamed. 6 This poor man cried, and the Lord heard him and saved him out of all his troubles. 7 The angel of the Lord encamps around those who fear him, and delivers them. 8 Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him! 9 Oh, fear the Lord, you his saints, for those who fear him have no lack! 10 The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

- Psalm 34:4-10

vs4: I sought the Lord, and he answered me and delivered me from all my fears.

vs5: Those who look to him are radiant, and their faces shall never be ashamed.

vs 6: This poor man cried, and the Lord heard him and saved him out of all his troubles.

Vs 7: The angel of the Lord encamps around those who fear him, and delivers them.

8 Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him! 9 Oh, fear the Lord, you his saints, for those who fear him have no lack! 10 The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

- Psalm 34:8-10



Summary of Call To Worship:

Oh, taste and see that the Lord is good. . . magnify the Lord in all circumstances and at all times. And your fears will turn to hope and your troubles to trust.

11 Come, O children, listen to me; I will teach you the fear of the Lord. 12 What man is there who desires life and loves many days, that he may see good? 13 Keep your tongue from evil and your lips from speaking deceit. 14 Turn away from evil and do good; seek peace and pursue it.

15 The eyes of the Lord are toward the righteous and his ears toward their cry. 16 The face of the Lord is against those who do evil, to cut off the memory of them from the earth. 17 When the righteous cry for help, the Lord hears and delivers them out of all their troubles. 18 The Lord is near to the brokenhearted and saves the crushed in spirit.

- Psalm 34:11-18

Fear of the Lord:

is a mix of reverence, awe, and loyalty. . . it is a heart condition, which demonstrates how we honour and respect God's authority above all else in our lives.

15 The eyes of the Lord are toward the righteous and his ears toward their cry. 16 The face of the Lord is against those who do evil, to cut off the memory of them from the earth.

- Psalm 34:15-16

“For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven”

-Matthew 5:20

Theme & text	“You have heard it was said...”	“But I say to you...”
Murder & Anger (5:21-26)	Don’t murder	Don’t be angry toward others; instead seek reconciliation
Adultery & Lust (5:27-30)	Don’t have sexual intercourse outside of marriage	Don’t even look at others with lust in your heart
Divorce (5:31-32)	If divorcing, give the necessary certificate	Only divorce if covenant is broken (infidelity)
Oaths & Vows (5:33-37)	Don’t break oaths or vows used to convince others	Don’t use oaths or vows at all; just speak the truth about things
Retaliation (5:38-42)	Repay injuries on par with what has been inflicted (“ear for ear”)	Instead of harm, help the one who inflicts harm on you
Love for Enemies (5:43-48)	Love neighbors and hate enemies	Love and pray for your enemies

You therefore must be perfect, as your heavenly Father is perfect.

- Matthew 5:48

21 For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

- 2 Cor 5:21

17 When the righteous cry for help, the Lord hears and delivers them out of all their troubles. 18 The Lord is near to the brokenhearted and saves the crushed in spirit.

- Psalm 34:17-18

“.. for he has said, “I will never leave you nor forsake you.”

- Hebrews 13:5

Concluding Affirmation:

19 Many are the afflictions of the righteous, but the Lord delivers him out of them all. 20 He keeps all his bones; not one of them is broken. 21 Affliction will slay the wicked, and those who hate the righteous will be condemned. 22 The Lord redeems the life of his servants; none of those who take refuge in him will be condemned.

-Psalm 34:1-22

32 So the soldiers came and broke the legs of the first, and of the other who had been crucified with him. 33 But when they came to Jesus and saw that he was already dead, they did not break his legs. 34 But one of the soldiers pierced his side with a spear, and at once there came out blood and water. 35 He who saw it has borne witness—his testimony is true, and he knows that he is telling the truth—that you also may believe. 36 For these things took place that the Scripture might be fulfilled: “Not one of his bones will be broken.” (Psalm 34:20) 37 And again another Scripture says, “They will look on him whom they have pierced.”

- John 19:32-37

By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, 4 in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

- Romans 8:3-4