



# **Exalting Christ in the Psalms**

Our True Help and Hope

Psalm 20:1-9

# **Content of Royal Psalms**

- **Kingship and Divine Authority**
- **Abrahamic and Davidic Covenant**
- **Messianic Expectations**



1 To the choirmaster. A Psalm of David.

May the Lord answer you in the day of trouble! May the name of the God of Jacob protect you! 2 May he send you help from the sanctuary and give you support from Zion! 3 May he remember all your offerings and regard with favor your burnt sacrifices! 4 May he grant you your heart's desire and fulfill all your plans! 5 May we shout for joy over your salvation, and in the name of our God set up our banners! May the Lord fulfill all your petitions!

6 Now I know that the Lord saves his anointed; he will answer him from his holy heaven with the saving might of his right hand. 7 Some trust in chariots and some in horses, but we trust in the name of the Lord our God. 8 They collapse and fall, but we rise and stand upright. 9 O Lord, save the king! May he answer us when we call.

- Psalm 20:1-9

# Psalm 20

**Main Idea:** We look to God not our own strength for salvation.

- **Vss 1-5:** The people pray for their King.
- **Vss 6-8:** The King instructs the people.
- **Vs. 9:** An Expression of Ultimate Dependence on God's Sovereignty.

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- Psalm 20:1-5

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- **Vs 2:** Appeal for God's divine power and might to help David.



48 Yet the Most High does not dwell in houses made by hands, as the prophet says, 49 “Heaven is my throne, and the earth is my footstool. What kind of house will you build for me, says the Lord, or what is the place of my rest? 50 Did not my hand make all these things?’

- Acts 7: 48-50

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- **vs 1:** God would remember his covenant promises made to Jacob.
- **Vs 2:** Appeal for God's divine power and might to help David.
- **Vs. 3:** They appeal to the purity of their King. He has atoned for his sins.
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4 if my people who are called by my name humble themselves,  
and pray and seek my face and turn from their wicked ways, then  
I will hear from heaven and will forgive their sin and heal their  
land.

- 2 Chronicles 7:4

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- **Vs 2:** Appeal for God's divine power and might to help David.
- **Vs. 3:** They appeal to the purity of their King. He has atoned for his sins.
- **Vs 4:** They ask for the Lord to bless the plans of their king.
- **Vs 5:** They ask these things, SO that they may praise and honour God who deserves all the glory.

“I pray because I can’t help myself. I pray because I’m helpless. I pray because the need flows out of me all the time, waking and sleeping. It doesn’t change God. It changes me.”

-C.S. Lewis, “Letters to Malcom”



“If God had granted all the silly prayers I’ve made in my life,  
where should I be now?”

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7 Some trust in chariots and some in horses, but we trust in the name of the Lord our God. 8 They collapse and fall, but we rise and stand upright.

- Psalm 20:6-8

‘Thus says the Lord of hosts, I took you from the pasture, from following the sheep, that you should be prince over my people Israel. 9 And I have been with you wherever you went and have cut off all your enemies from before you. And I will make for you a great name, like the name of the great ones of the earth. 10 And I will appoint a place for my people Israel and will plant them, so that they may dwell in their own place and be disturbed no more. And violent men shall afflict them no more.

- 2 Samuel 7:8-10

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- Psalm 20:7-8

When your days are fulfilled and you lie down with your fathers, I will raise up your offspring after you, who shall come from your body, and I will establish his kingdom. 13 He shall build a house for my name, and I will establish the throne of his kingdom forever. 14 I will be to him a father, and he shall be to me a son. When he commits iniquity, I will discipline him with the rod of men, with the stripes of the sons of men, 15 but my steadfast love will not depart from him, as I took it from Saul, whom I put away from before you. 16 And your house and your kingdom shall be made sure forever before me. Your throne shall be established forever.'"

- 2 Samuel 7:12-16

When your days are fulfilled and you lie down with your fathers, I will raise up your offspring after you, who shall come from your body, and I will establish his kingdom. 13 He shall build a house for my name, and I will establish the throne of his kingdom forever. 14 I will be to him a father, and he shall be to me a son. When he commits iniquity, I will discipline him with the rod of men, with the stripes of the sons of men, 15 but my steadfast love will not depart from him, as I took it from Saul, whom I put away from before you. 16 And your house and your kingdom shall be made sure forever before me. Your throne shall be established forever.'"

- 2 Samuel 7:12-16



9 O Lord, save the king! May he answer us when we call.

- Psalm 20:9

O Lord, in your strength the king rejoices, and in your salvation how greatly he exults! 2 You have given him his heart's desire and have not withheld the request of his lips.

- Psalm 21:1-2

He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son

- Colossians 1:13

God has highly exalted him and bestowed on him the name that is above every name, 10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

- Philippians 2:9-11