

A man in profile, wearing a dark shirt, has his hands raised in a gesture of prayer or praise. He is looking upwards. In the background, a large wooden cross is visible against a warm, golden-brown sky. The overall mood is spiritual and reverent.

Exalting Christ in the Psalms

Two Ways To Live

Psalms 1

“These are my words that I spoke to you while I was still with you, that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.”

- Luke 24:44

10 Basic Types of Psalms

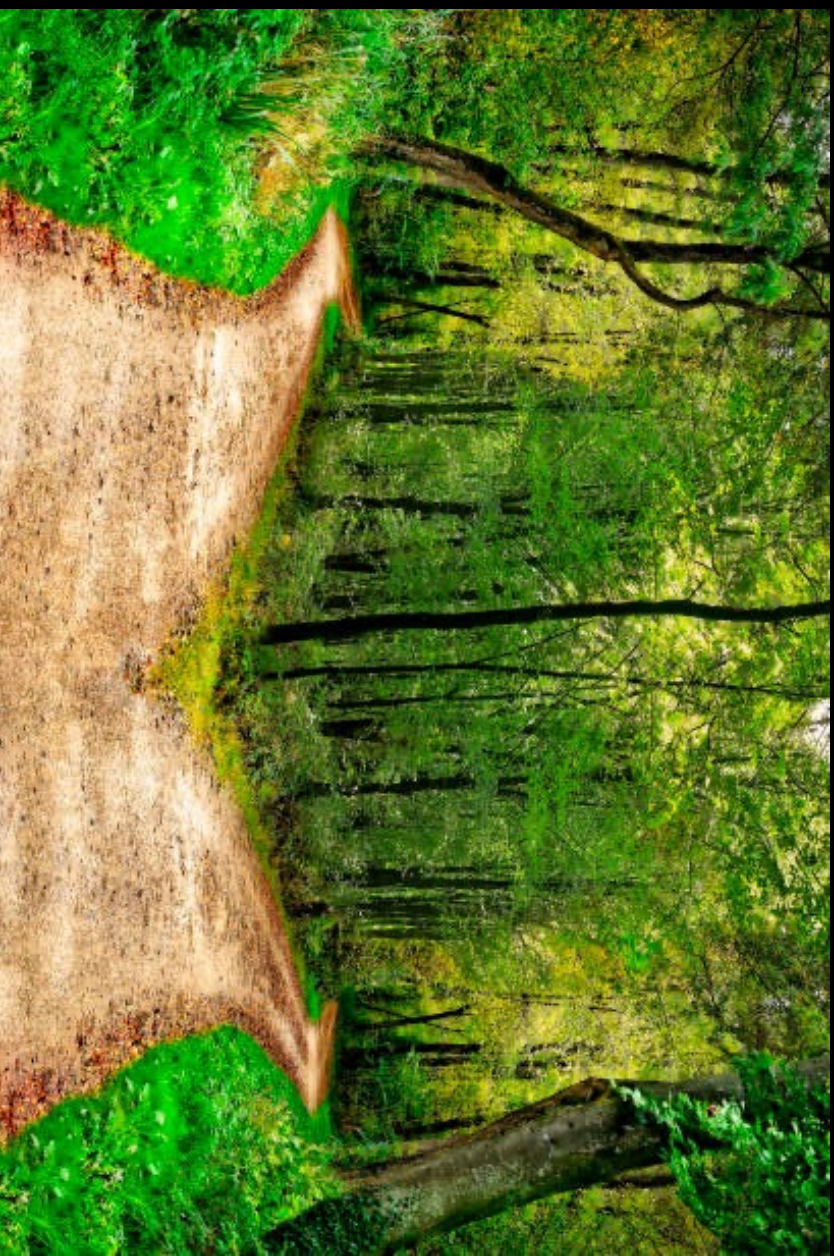
- Lament
- Thanksgiving
- Praise
- Enthronement
- Royal
- Zion
- Wisdom (TODAY)
- Trust
- Liturgical
- Torah

1 Blessed is the man who walks not in the counsel of the wicked,
nor stands in the way of sinners, nor sits in the seat of scoffers;
2 but his delight is in the law of the Lord, and on his law he
meditates day and night. 3 He is like a tree planted by streams of
water that yields its fruit in its season, and its leaf does not wither.
In all that he does, he prospers. 4 The wicked are not so, but are
like chaff that the wind drives away. 5 Therefore the wicked will
not stand in the judgment, nor sinners in the congregation of the
righteous; 6 for the Lord knows the way of the righteous, but the
way of the wicked will perish.

—Psalm 1

Two roads diverged
in a wood, and I
— I took the one less
traveled by, And that
has made all the
difference.

- Robert Frost



Wisdom Psalms- Content Driven

- Focus on Wisdom and God's Law/Word
- Contrast between two ways, righteous vs. wicked, blessed or cursed, wisdom and folly.
- The tone is one of meditation or reflection.
- Observations and questions: example, "Why do the wicked prosper?"
- Didactic, teaching something.
- Exhortation/Warning
- Temporary vs Ultimate ends

How to find Christ in the Wisdom Psalms?

There is only one person who is righteous, blessed, and wise; his name is Jesus!

He is the way/path, the truth and the life.

Psalm 1

Main Idea: Two ways to live, one leads to life, the other to destruction.

Vss 1-3: The way of the Blessed

Vss 4-5: The way of the Wicked

Vs 6: The end

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- Psalm 1:1-3

“Each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.”

- James 1:14-15

The Progression of Sin into the Heart

walking —> standing —> standing (the habits of life that lead to destruction)

wicked —> sinners —> scoffers (the people we meet on this path and who we become)

2 but his delight is in the law of the Lord, and on his law he meditates day and night.

—Psalm 1:2

3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

- Psalm 1:1-3

He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son,

- Colossians 1:13

4 The wicked are not so, but are like chaff that the wind drives away. 5 Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;

—Psalm 1:4-5

6 for the Lord knows the way of the righteous, but the way of the wicked will perish.

—Psalm 1:6

If you really know me, you will know my Father as well. From now on, you do know him and have seen him.”

- John 14:7

Practical Application of Psalm 1

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- Christ invites us to drink from HIS righteousness.

"There is a way that seems right to a man, but its end is the way of death" - Proverbs 14:12

24 And those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also keep in step with the Spirit. - Galatians 5:24-25

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